

# AUSTSWIM

### What Is AUSTSWIM?

AUSTSWIM is a specialised, all abilities swimming and water safety programme, specifically designed to accommodate for the learning styles of our neurodiverse community. Classes are structured to ensure that people of varying skill levels, including those with disabilities, can participate and enjoy the benefits of swimming.

#### Our Goal

Research has suggested that people living with ASD are 160x more likely to drown when compared to their neurotypical peers. Our primary aim is to make swimming accessible to everyone, regardless of their physical or cognitive abilities, to ensure everyone has the opportunity to learn about water safety and access swimming lessons which nurtures their unique abilities.

### Our Team

Our swim instructors are all qualified swim instructors, certified to deliver water safety programmes. Our instructors all hold additional tertiary qualifications in Autism.



# Lesson Information

91% of parents in our community have left other swim schools due to instructors not understanding their child's needs, or as a result of children not feeling comfortable in the learning environment. Class sizes are small (with 1:1 available) and lessons structured, and specifically designed to accommodate for the unique learning styles of our neurodiverse community.

### Locations

FORBES NSW PARKES NSW





## Connect With Us

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